### Abstract
A clinical practice guideline for mild traumatic brain injury (mTBI) in a university health center standardized care of the entire student body in academic as well as recreational settings.

### Background
- Mild traumatic brain injury (mTBI) or concussion can affect quality of life including academic and social goals of the college student
- Large university with 24 hour care and 20,000 patient visits/year

### Objectives
1. Define the diagnosis and management of concussion (mTBI)
2. Define management of the concussed patient
3. Identify an assessment tool and patient education materials created by the DNP team

### Methods
- Customization of mTBI assessment tool and patient education materials
- Educational intervention for staff on use of tools
- Implementation of clinical practice guidelines established

### Results
- **Clinical practice guidelines:**
  - Assessment tool for all head injuries
  - Disposition: ER transfer or admission to health center and appointment with provider
- **Patient Education:**
  - Brain rest /return to activities
  - Office of disability services immediate contact for academic accommodations
  - Follow up weekly with provider
  - Referrals; persistent symptoms

### Conclusions
The standardization of care of the mTBI student can help guide the academic and social goals of the college student.