Title: Alcohol Screening Brief Intervention Training for Fort Belknap Healthcare Providers

Purpose: The specific purpose of this project is to develop an educational program to train the health care providers at Fort Belknap IHS regarding proper use of the ASBI tool. Improving professional readiness is the necessary first step in this process.

Objective 1: 1. Properly identify the most effective methods to use when working with drinkers.

Objective 2: 2. Identify the maximum drinking limits for males less than 65 years old and, females and adults over age 65 according to National Institute on Alcohol Abuse and Alcoholism guidelines.

Objective 3: 3. Properly identify various standard drink sizes based on National Institute on Alcohol Abuse and Alcoholism definitions.

Abstract:

Alcohol misuse is a collective term which includes the spectrum of alcohol consumption exceeding recommended limits established by the National Institute on Alcohol Abuse and Alcoholism (NIAAA). Alcohol misuse includes hazardous or harmful drinking and alcohol abuse/dependence (Babor & Higgins-Biddle, 2001) and is associated with unintentional injuries, chronic liver disease and suicide in American Indian/Alaska Native (AI/AN) populations (Indian Health Service, 2010). Health care providers often have limited skills and training necessary for effective intervention of patients who misuse alcohol (Happell, Carta, & Pinikahana, 2002; Kaner, et. al, 2001). Further training is necessary to help increase health care providers’ ability to care for this patient population. The purpose of the current project is to provide Alcohol Screening, Brief Intervention (ASBI) training for health care providers at Fort Belknap Indian Health Service (IHS).