

OUTCOMES

THE E-NEWSLETTER OF DOCTORS OF NURSING PRACTICE, INC.



Join us in the desert!
The 11th National Doctors of Nursing Practice Conference Palm Springs
at the beautiful
Westin Mission Hills Golf Resort and Spa
71333 Dinah Shore Drive, Rancho Mirage, CA 92270
September 27-29, 2018



Page 2
The Cancer Care Planning & Communications Act H.R.5160

Page 3
DNP Project Repository

Page 4
Post Op Guided Imagery

Page 5
Conversations Overheard in the DNP Online Community

Page 6
March Survey Results
April Survey

Page 7
Organizational Update

Page 8
JDNP Special Offer

Page 11
Career Opportunities for DNPs

Page 14
2018 Conference

Page 15
DNP, Inc. Repository
Featured Projects

Editor:
David Campbell-O'Dell DNP

2018 FACULTY

The Cancer Care Planning & Communications Act H.R.5160

My DNP project focused on the frequency of documentation of recommended cancer survivorship guidelines by oncology clinicians of adult hematopoietic stem cell transplant (aka bone marrow transplant) survivors at 12 and 24 months post-transplant in one comprehensive cancer center. Cancer treatments for hematologic malignancies can include radiation, chemotherapy, immunosuppression, stem cell transplant, and targeted biological therapies. These therapies can cause long-term side effects that may negatively affect quality of life. Many of these late effects are modifiable when a proactive systematic plan of prevention and surveillance is implemented – a Cancer Survivorship Care Plan. This plan is most effective when factors such as past treatments, chromosomal prognostic factors, comorbid health conditions, and lifestyle behaviors are considered.

That was in 2011. Seven years later, Cancer Survivorship Care Plans remain a luxury of cancer treatments – not the standard. Over the years, the National Coalition for Cancer Survivorship has been trying to change this through various pieces of legislation that would make Cancer Survivorship Care Plans a standard part of everyone’s cancer treatment. Despite the benefits of providing Survivorship Care planning, Washington politics have prohibited the successful passage of previously proposed legislation to implement this.

Thankfully, Congressman Mark DeSaulnier (D-CA) and Congressman Ted Poe (R-TX) recently introduced the bipartisan Cancer Care Planning and Communications (CCPC) Act, H.R. 5160. As Reps. DeSaulnier and Poe are both cancer survivors, they understand the physical and emotional benefits of care planning for patients and their families facing a cancer diagnosis.

The CCPC will help cancer patients through the difficult process of cancer diagnosis, treatment choices, treatment management, and survivorship care by providing them a written plan or cancer road map, promote shared decision-making between survivors and their cancer care teams and support informed decisions. The CCPC will also empower patients with information necessary to help manage and coordinate their care through diagnosis, treatment and survivorship. A written plan facilitates the transition to survivorship and the ongoing follow-up that is required.

I urge you to take action and contact your member of Congress today! For more information, please visit https://www.canceradvocacy.org/cancer-policy/ccpc-act/?mc_cid=6733cffff5&mc_eid=3ce6ce444b.

Until next time.....



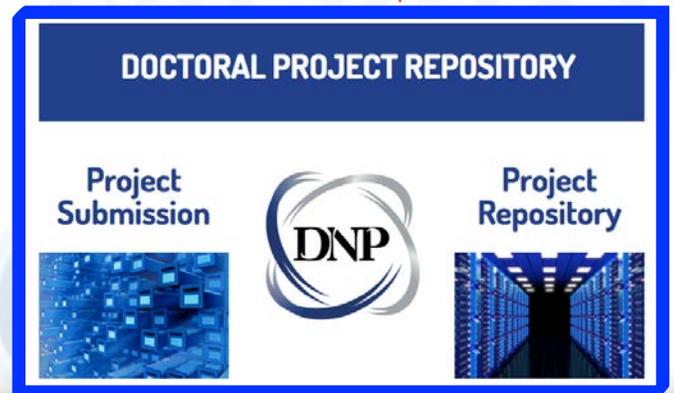
**Jill Beavers-Kirby
DNP, MS, ACNP-BC**

received her Doctorate of Nursing Practice at The Ohio State University in May 2011. She currently serves Coordinator of Nurse Practitioner Programs and Associate Professor at Mount Carmel College of Nursing; she has served in this role since November, 2015. She also serves as a Visiting Professor for Chamberlain University in

2014. She has been a Board Certified Acute Care Nurse Practitioner since 2005 and she is also Board Certified as an Adult Nurse Practitioner. She has worked in a variety of patient settings most recently in hematology working with patients who had leukemia and lymphoma. She is licensed as a Registered Nurse in 12 states which permits her to educate students across the U.S. She has an extensive teaching history which includes Health Policy, Health Assessment, and Transition to Professional Roles for Nurse Practitioners. Dr. Beavers-Kirby is a founder, past president, and president elect for the Council for Ohio Health Care Advocacy (COHCA). She is also a devoted patient advocate and is actively involved with the Ohio Nurses Association Legislative Committee and she is an Ambassador for the Arthritis Foundation Policy.



**NEW FOR 2018
FROM *DNP, INC.***



- *Showcase DNP practice projects to share outcomes with colleagues and consumers.*
- *Educate patients, organizations and health care systems on the contributions of the DNP prepared nursing professional.*
- *Support DNP educational programs and practice partners to demonstrate the influence of the DNP prepared nurse.*
- *One time charge per student listing of \$30 to defray cost of repository development and maintenance.*



**CLICK [HERE](#)
FOR MORE
INFORMATION**

Post Op Guided Imagery

Despite the traditional use of analgesics to reduce postoperative pain, open-heart surgical patients continue to have uncontrolled acute pain that can persist for up to three years (Claudio, Luigi, Pompilio, Cesare, & Marco, 2015). The non pharmacological strategy guided imagery can be used to solve this problem, which is known to be effective in reducing acute pain and anxiety, and improving sleep quality among different patient populations, including those who are critically ill, have had orthopedic and cardiac surgeries, and cancer (Patricolo et al., 2017; Serra et al., 2012; Short, Gibb, Fildes, & Holmes, 2013; Lin, 2012). Guided imagery assists patients to relax, have lesser pain and anxiety by making them imagine desirable images, scenes, or experiences (Foji, Tadayonfar, Mohsenpour, & Rakhshani, 2015). It is also commonly used in addition to pharmacologic agents to reduce postoperative pain (Short et al., 2013; Lin, 2012). It can be provided to patients in different ways such as via a portable device that plays audio recordings with encouraging words and soothing music to bring positive thoughts and feelings, which can help in reducing pain after cardiac surgery.

The website Health Journeys available at www.healthjourneys.com provides available different programs of guided imagery that can be utilized in different healthcare settings. There are guided imagery programs specifically for cardiac surgery, oncology, labor and delivery, and many more that can be easily purchased and used in practice. Nurses facilitate this intervention, and patients can listen to these programs repeatedly on their own time. With the benefits that guided imagery can offer, it could be utilized in bedside nursing to promote holistic practice and improve patients' health outcome and well being.

The purpose of my own DNP project is to examine the use of guided imagery for patients who have had open-heart surgery. If open-heart surgical patients utilize guided imagery, the intervention could have lesser pain and be more motivated for their recovery. This is not to mention the potential for improved attitude, perspective, and outlook. The results of a DNP Project, from Dr. Theresa Reed DNP who is also a Rutgers graduate, demonstrated positive effects on reduction of pain and anxiety (Reed, Bradshaw, & Charles, 2016). My faculty has also had good results using guided imagery in select conditions, such as post-traumatic stress disorder (Bradshaw, 2016).

Perhaps guided imagery is a potential adjunctive therapy for your patient population? I would encourage everyone to explore this further by visiting the site Health Journeys, www.healthjourneys.com.

References

- Bradshaw, M. (2016). Use of Guided Imagery to Treat a Woman with PTSD: A Case Study. *Symposium for Integrative Health*, Newark, New Jersey. April 2016.
- Claudio, M., Luigi, T., Pompilio, F., Cesare, G., & Marco, A. (2015). A retrospective multi center study on long-term prevalence of chronic pain after cardiac surgery. *Journal of Cardiovascular Medicine*, *16*(11), 768-774. doi:10.2459/JCM.0000000000000271
- Foji, S., Tadayonfar, M. A., Mohsenpour, M., & Rakhshani, M. H. (2015). The study of the effect of guided imagery on pain, anxiety and some other hemodynamic factors in patients undergoing coronary angiography. *Complementary Therapies in Clinical Practice*, *21*(2), 119-123. doi:10.1016/j.ctcp.2015.02.001
- Lin, P. (2012). An evaluation of the effectiveness of relaxation therapy for patients receiving joint replacement surgery. *Journal of Clinical Nursing*, *21*(5), 601-608. doi:10.1111/j.1365-2702.2010.03406.x
- Patricolo, G. E., LaVoie, A., Slavin, B., Richards, N. L., Jagiw, D., & Armstrong, K. (2017). Beneficial effects of guided imagery or clinical massage on the status of patients in a progressive care unit. *Critical Care Nurse*, *37*(1), 62-69. doi:10.4037/ccn2017282
- Reed, T., Bradshaw, M., & Charles, D. (2016). Guided Imagery: Managing Pain and Anxiety in Same Day Surgery Patients. DNP Project, Rutgers School of Nursing. May 2016.
- Serra, D., Parris, C. R., Carper, E., Homel, P., Fleishman, S. B., Harrison, L. B., & Chadha, M. (2012). Outcomes of guided imagery in patients receiving radiation therapy for breast cancer. *Clinical Journal of Oncology Nursing*, *16*(6), 617-623. doi:10.1188/12.CJON.617-623
- Short, A., Gibb, H., Fildes, J., & Holmes, C. (2013). Exploring the role of music therapy in cardiac rehabilitation after cardiothoracic surgery: A qualitative study using the bonny method of guided imagery and music. *The Journal of Cardiovascular Nursing*, *28*(6), 74-81. doi:



Cyndi V. Sison -Vinculado, RN, BSN
DNP Student Rutgers University



CONVERSATIONS OVERHEARD IN THE DNP ONLINE COMMUNITY

[Need a Mentor? Willing to Mentor a Colleague?](#) There are several postings in this forum reflecting the interest of colleagues to help each other – and those that are reaching out for support. Check it out and see how you can make a difference.

[AANP, NAPNAP & NONPF Respond to KevinMD Articles about NPs.](#) A blog, KevinMD.com had a posting by Rebekah Bernard, MD on January 5, 2018. Thank you AANP, NAPNAP and NONPF for sharing such a clearly articulated response.

[Should years of clinical experience factor into the DNP selection process?](#) By Susan Rojas. She asks the value of building experience between degrees before starting a doctorate. What do you think?

[My Doctor is a Nurse Practitioner,](#) by Brittany Enders still garners responses from members of the DNP online community. See what others are saying.

[Explaining the DNP? Has anyone conquered this monster?](#) By Cheryl Patrice Harris is well stated and is challenging for all of us. Have a look and respond.

[Is it Apathy or Lack of Understanding for the DNP Degree?](#) By Cindy Sneller. She started this conversation about 3 years ago and it is still a topic of interest to many. See what you think and join the discussion.

DNP Groups of Interest:

- [Texas DNP Network](#)
- [Michigan DNP](#)
- [Doctors of Nursing Practice in Nevada](#)
- [Ohio DNP Network](#)
- [California Organization of DNP](#)
- [Metropolitan NY, New Jersey & Connecticut DNP](#)
- [Midwest DNP Clinical Scholars](#)

And others.

April, May and June 2018 Events:

- [QACN: Graduate Nursing Admissions Professionals Conference](#)
- [2018 ISPN Psychopharmacology Institute and Annual Conference](#)
- [The Art of Life Care Planning](#)
- [AACN: Business Officers of Nursing Schools Annual Meeting](#)
- [AACN: Summer Seminar](#)

If you know of an event that supports the growth and development of nursing colleagues, please post it to the EVENTS page. It's free, and reaches thousands every month. Click the ADD button on [this page](#) to post an event.

ADVERTISE IN OUTCOMES



SPRINGER PUBLISHING COMPANY
DNP CONFERENCE
GOLD SPONSOR
2014, 2015, 2016, 2017



AMERICAN ORGANIZATION OF NURSE EXECUTIVES
DNP CONFERENCE
GOLD SPONSOR
2016, 2017



THE GEORGE WASHINGTON UNIVERSITY
SCHOOL OF NURSING
DNP CONFERENCE
GOLD SPONSOR 2017

FOR ADVERTISING RATES VISIT OUR [WEBSITE](#)



MARCH 2018 DNP, INC SURVEY RESULTS

March 2018 Survey Results: Sustaining the DNP after graduation.

The March 2018 survey requested feedback from graduates to explore how DNP outcomes are disseminated and perceptions of the impact of these projects.

Question 1: I am able to disseminate my work to key stakeholders and organizations.

43% very much to absolutely, 57% somewhat to not at all

Question 2: My work product as a result of my education is making a difference.

71% very much to absolutely, 29% somewhat to not at all

Question 3: I can see a measurable improvement in practice as a result of my educational preparation.

86% very much to absolutely, 14% somewhat to not at all

Question 4: The DNP prepared nurse has demonstrated positive results from what I see in my work environment.

79% very much to absolutely, 21% somewhat to not at all

Question 5: If I had to do it again, I would work to earn the DNP degree over other doctoral options.

71% very much to absolutely, 29% somewhat to not at all

Clearly the respondents believe that the work of the DNP prepared nurse has value, yet the majority point out that they are not able to disseminate the work adequately to key stakeholders and organizations.

What do you think? Do these findings reflect your point of view?

Click [HERE](#) to take the April 2018 survey



ORGANIZATIONAL UPDATE

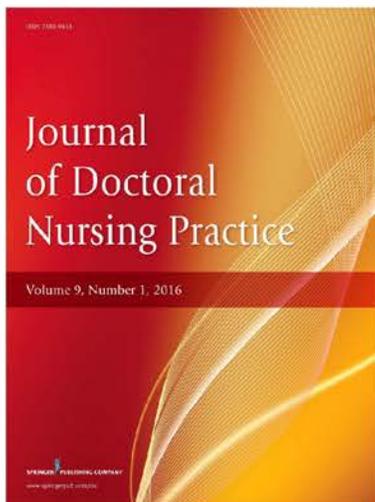
Social media, and the ability to engage colleagues helps us build our community. There are many opportunities to communicate through LinkedIn, Facebook, Twitter, Google + and other services. All help to enhance the way we connect. The Doctors of Nursing Practice organization is an integral part of the effort to build community to improve outcomes by enhancing the caliber of skills and talents offered by the DNP prepared nursing professional. The DNP Inc. online community is a great example of multifaceted services providing forums, blogs, events, chats, and groups. Many colleagues have engaged others in discussions and have been able to connect to support and challenge.

Other services that are being developed (along with the 2018 National DNP Conference taking place in Palm Springs, CA in September) include web-based services such as a Scholarly Practice Project Repository, Listing of DNP Programs, DNP Foundation, and of course the DNP Online Community. All are welcomed to participate and benefit from all of these services. After all, the foundation of the DNP degree is to improve outcomes as a result of the individual and collective skills of doctorally prepared nursing professionals.

Please click into the links provided in this newsletter to see how you can be a part of building the community that supports us all in our important work.

Useful Links

[DNP PROGRAM LIST](#)[FACULTY
RESOURCES](#)[INDIVIDUAL BLOGS](#)[VALUABLE LINKS](#)[CAREER LISTINGS](#)[GROUP PAGES](#)[DNP PROJECT
REPOSITORY](#)[MULTIPLE FORUM
TOPICS](#)[GRANTS AND
SCHOLARSHIPS](#)[ADVERTISING
OPTIONS](#)



Special DNP Discounts!

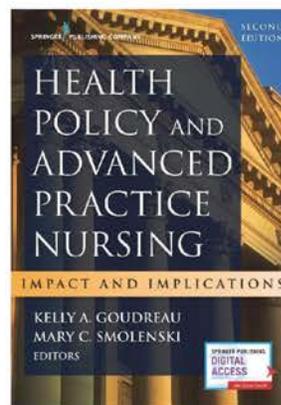
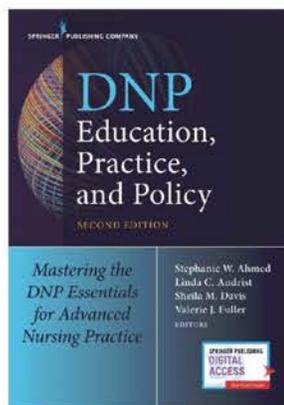
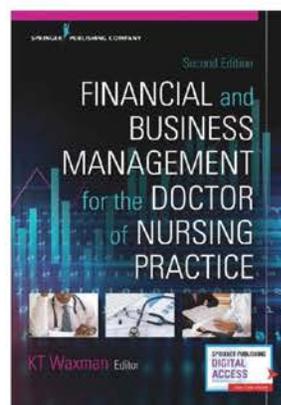
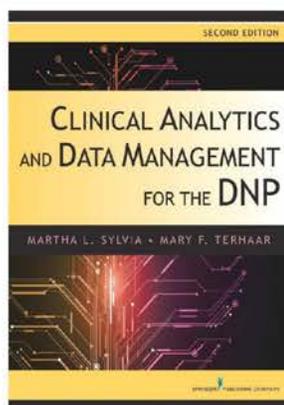
Use code 75DNP2018PE to get over 50% off the print and online subscription rate (\$75) for *Journal of Doctoral Nursing Practice*

**Available for individual subscription for Online Only or for within the US Print & Online (includes Free Shipping)*

DNP Books!

SAVE 25%
Plus
FREE SHIPPING
with Code **JDNP18**

QUALIFIED INSTRUCTORS MAY ALSO REQUEST A DESK COPY



Visit www.springerpub.com today!



JOIN OUR FACULTY!

The Capstone College of Nursing at The University of Alabama (UA) invites applications for full-time faculty positions at the rank of Assistant or Associate Professor. With an enrollment of over 2,200 nursing students, we offer traditional BSN and RN-to-BSN programs. At the master's level, we offer programs for case managers, clinical nurse leaders, nurse administrators, and nurse practitioners. We also offer doctoral programs leading to Doctor of Nursing Practice (DNP) and Doctor of Education for Nurse Educators (EdD) degrees.

A doctorate in nursing or related field is required. Preference will be given to candidates with an established program of research and/or current advanced practice experience. For the nurse practitioner concentration, certification as a Family Nurse Practitioner and/or Psychiatric Mental Health Nurse Practitioner is required.

With our winning traditions in athletics and academics, The University of Alabama has been ranked among the top 50 public universities by *U.S. News and World Report* for more than a decade. Forty percent of our freshman class scored 30 or higher on their ACT exams; and we have more than 600 national merit scholars enrolled. Our university placed 58th in the Forbes list of top U.S. employers, for all sectors of employment.

We are located in Tuscaloosa, a vibrant college community of 160,000, with a moderate climate. Our campus has been ranked as one of the most beautiful campuses in America. Come join us for a stimulating work environment and a great quality of life.

THE UNIVERSITY OF
ALABAMA | Capstone College of
Nursing

For more information, visit our college website: <http://nursing.ua.edu> or contact Dean Suzanne Prevost at 205-348-1040. To apply, visit Employment Opportunities at <https://facultyjobs.ua.edu> and go to faculty positions. The University of Alabama is an Equal Opportunity Affirmative Action education institution/employer.

OUR DOCTORS ARE SOME OF **THE BEST** **NURSES AROUND.**

Doctor of
Nursing Practice
program

TOP 10

by *U.S. News &
World Report*

The University of Maryland School of Nursing's Doctor of Nursing Practice program and four of its specialties are ranked in the top 10 nationwide by *U.S. News & World Report*.

Our program prepares elite nursing professionals to lead in today's increasingly complex health care system, applying evolving best practices to make dramatic improvements in patient care.

- Learn more about faculty positions:
[***nursing.umaryland.edu/hr***](http://nursing.umaryland.edu/hr)
- Learn more about the program:
[***nursing.umaryland.edu/dnp***](http://nursing.umaryland.edu/dnp)



UNIVERSITY of MARYLAND
SCHOOL OF NURSING



CAREER OPPORTUNITIES FOR DNPS

Check out the DNP, Inc. Career Opportunities Page



[CLICK HERE](#)
[TO VIEW](#)
[CURRENT JOB](#)
[LISTINGS](#)

Clinical Assistant Professor/DNP Coordinator, School of Nursing (3722)

Idaho State University

[Apply Here](#)

Assistant Professor, Nursing (7567)

Idaho State University

[Apply Here](#)

Clinical Assistant Professor, Accelerated RN Program (7151)

Idaho State University

[Apply Here](#)

Clinical Assistant Professor, DNP Program (7167)

Idaho State University

[Apply Here](#)

AONE – the professional organization for nurse leaders



Core Competencies

- + Frameworks outlining the essential skills nurse leaders need for success

Guiding Principles

- + Foundational resources guiding the development of best practices

Career resources

- + Reports on compensation, satisfaction and transformational leadership

Advocacy for the field

- + Title VIII reauthorization advocacy resources

Community of leaders

- + Leader2Leader online community to discuss challenges and successes

AONE membership is for all nurse leaders in all settings:

- | | |
|--------------------------|-----------------------------|
| + Clinical nurse leaders | + Academic medical centers |
| + Deans and professors | + Health clinics |
| + Doctoral students | + Hospital Systems |
| + Nurse executives | + Post-acute care |
| + Graduate students | + Public health departments |
| + Nurse directors | + Universities |
| + Nurse managers | |

Learn more at aone.org.

Our Behaviors – Futurist | Synthesizer | Partner | Convener | Provocateur | Designer | Broker

Our Values – Creativity | Excellence | Integrity | Leadership | Stewardship | Diversity

Shaping Care Through Innovative and Expert Nursing Leadership

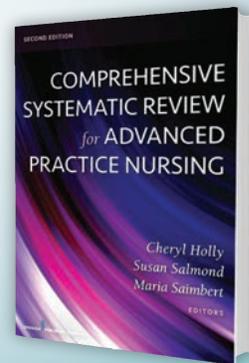
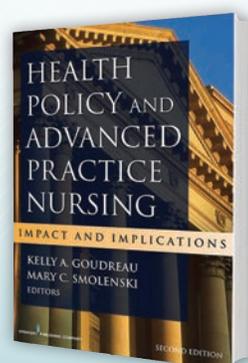
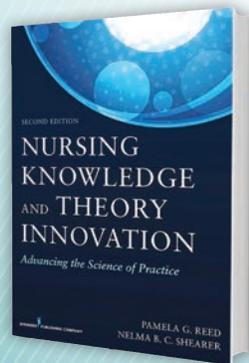
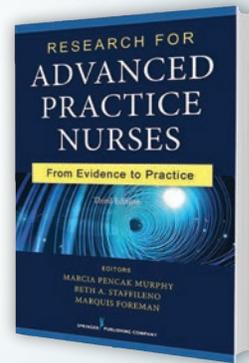
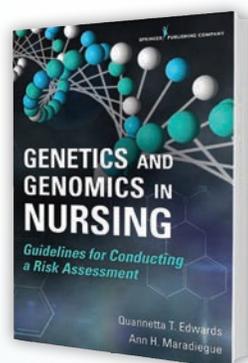
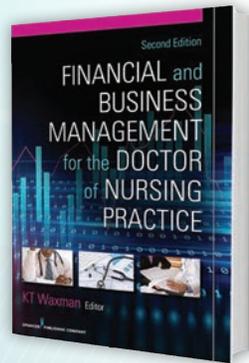
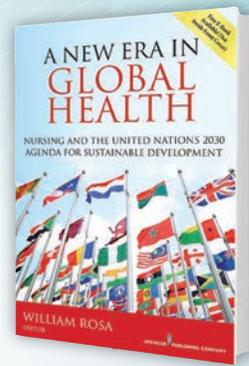
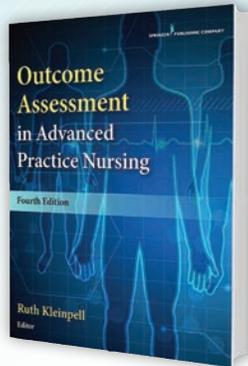
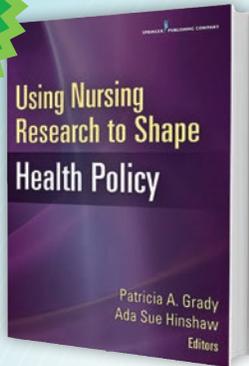
American Organization of Nurse Executives
www.aone.org

AONE
The Voice of Nursing Leadership™

SPRINGER PUBLISHING COMPANY

New Advanced Practice Nursing Resources

SAVE 25% Off
CODE:
DNPCONF2017



Instructor? email us at textbook@springerpub.com
Save 25% with Promocode: DNPCONF2017 | www.springerpub.com



2018 Eleventh National Doctors of Nursing Practice Conference Palm Springs
Sustaining the DNP: Strategies for the Future in Clinical and Administrative Practice

September 27-29, 2018
Westin Mission Hills Golf Resort and Spa
71333 Dinah Shore Drive
Rancho Mirage, CA 92270
(760) 328-5955

Visit <http://www.doctorsofnursingpractice.org/2018-natl-dnp-palm-springs/>
for more information



2018 Conference Objectives

1. Identify at least one potential change in practice,
2. Explore strategies to sustain projects beyond implementation,
3. Examine opportunities to collaborate across disciplines to improve health care outcomes, and
4. Recommend strategies to apply evidence to practice

[CONFERENCE HOMEPAGE](#)

[REGISTER TODAY](#)

DNP, INC. REPOSITORY FEATURED PROJECTS

DOCTORAL PROJECT REPOSITORY

Project Submission



Project Repository



Have you see the talent and contributions of DNP prepared colleagues?
Here's a sample of what can be found in the [DNP Doctoral Project Repository](#):

[Improving Hypertension Follow-Up in Primary Care](#)

by Dr. Melanie M. Anello from [Touro University](#).

[The Frequency of Interval Surveillance in the Adult Hematopoietic Stem Cell Transplant Survivor](#)

by Dr. Jill Beavers-Kirby from [Ohio State University](#).

[Education Regarding Inappropriate Antibiotic Use](#)

by Dr. Joan Irene Person Bennett from [Chatham University](#).

Is your doctoral project in the repository? Are your colleagues and graduates of your university listed? [Click here](#) to learn more and to upload your project.