

# OUTCOMES

THE E-NEWSLETTER OF  
DOCTORS OF NURSING PRACTICE, INC.



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**Editor**

David G. Campbell-O'Dell  
DNP, ARNP, FNP-BC, FAANP

OCTOBER



2018  
Conference  
Issue  
Coming Next  
Month



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# Mobile Apps for Emergency Preparedness

The Healthy People 2020 Objectives introduced, “preparedness” as national health priority (Healthy People, 2010). In fact, October is designated as National Disaster Preparedness Month by the Federal Emergency Management Agency (FEMA). Nurses have an opportunity to play a key role in this public health initiative by providing education and resources to their patients on both preparedness and development of emergency plans. Two key mobile applications by FEMA and the American Red Cross may be instrumental in this effort. The purpose of this review is to examine the features of these mobile apps so that nurses may consider incorporating them into patient care related to emergency preparedness using the evaluation strategy outlined by Golden and Krauskopf (2016).

**FEMA**

The Federal Emergency Management Agency (FEMA) developed and released an app freely available on both Apple and Google Play. The app addresses a comprehensive range of potential emergencies ranging from weather related emergencies to active shooters. Once a zip code is set, real-time weather alerts can be set for up to 5 locations. In the context of specific emergencies, such as active shooter, there is an alphabetical list on which the consumer can open for further instruction such as the concise presentation of, “Run, Hide, and Fight.” The app can put the user in contact with live resources by locating emergency shelters or disaster relief centers or calling 9-1-1. On a preventative note, the app will remind users to check their batteries, update their household emergency kits, and even give cues to check fire alarms. From a usability perspective, there appear to be few, if any limitations other than potential loss of internet connectivity.

**American Red Cross**

The American Red Cross is also a key partner in national emergencies. Likewise, they too offer emergency-related mobile apps. The key distinction however is that their selection of mobile apps are broken down by topics. For example, they have apps for Emergency Alerts, First Aid, Pet First Aid, Hurricane, Tornado, Blood Donor, Earthquake, and even Hero Care to name only a few. Though each app is freely offered on both Apple and Google Play, the user must select the individual apps they wish to use. The Red Cross app family is probably superior in the context of offering a diverse range of referral to resources. But, true to its organizational premise, many of these apps are more reactive and point to resources in response to emergency rather than preparedness which is the more dominant undertone of the FEMA app. The content however, is medically sound. Thus, it would be up to the nurse to determine the suitability of suggesting mobile apps to patients. Like any application, use depends on internet connectivity, which may be limited depending on the nature of the emergency.

**Summary**

Columbine, Super Storm Sandy, and Hurricane Harvey or Katrina are just a few of the many examples of emergencies that may strike at a moments’ notice. Preparedness is key to the health and welfare of our nation. Nurses are instructed to incorporate preparedness into their patient care plans. Use of mobile apps offered by FEMA or the American Red Cross may be instrumental in these critical efforts.

**References**

Golden, A. & Krauskopf, P. (2016). Systematic Evaluation of Mobile Apps. *Journal for Nurse Practitioners*, 12(1), e27-28.  
 Healthy People 2020. (December 2, 2010). *Topics*. Retrieved from: <https://www.healthypeople.gov/2020/topics-objectives>



**Figure 1.0 Mobile App FEMA**



**Figure 2.0 Mobile App Example American Red Cross**



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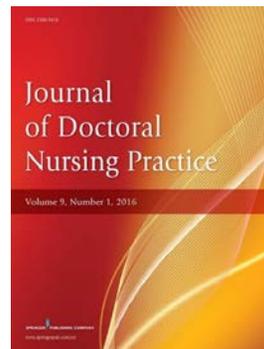


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## CONVERSATIONS OVERHEARD IN THE DNP ONLINE COMMUNITY

[DNP Role Transition – Am I a Negotiator?](#) by Michelle Madonald.

[EKU Trailblazers](#) by Molly Bradshaw.

[Personal Reflection on the DNP Role and Quality Improvement](#) by Mendy Blair.

[Are We Ready for Change?](#) By Tracy Johnson.

[MSN vs. DNP Reflection](#) by Lisa Wallace.

[The School of Wellness: Revolutionizing Self-Care](#) by Eileen O’Grady.

### DNP Groups of Interest:

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# SEPTEMBER 2018 DNP, INC SURVEY RESULTS

## 2018 Survey Results: Sustainability of Contributions by DNP Prepared Professionals

The September 2018 survey requested feedback and perceptions regarding how the DNP prepared professional is realizing a change in practice. The results are promising. See what you think.

Question 1: I am able to disseminate my work to key stakeholders and organizations.

60% very much to absolutely, 40% somewhat to not at all

Question 2: My work product as a result of my education is making a difference.

66% very much to absolutely, 34% somewhat to not at all

Question 3: I can see a measurable improvement in practice as a result of my educational preparation.

87% very much to absolutely, 13% somewhat to not at all

Question 4: The DNP prepared nurse has demonstrated positive results from what I see in my work environment.

73% very much to absolutely, 27% somewhat to not at all

Question 5: If I had to do it again, I would work to earn the DNP degree over other doctoral options.

80% very much to absolutely, 20% somewhat to not at all

The results of this survey suggest that DNP graduates are seeing the rewards of their work and their degree. Has this been your experience also?

What do you think? Do these findings reflect your point of view?

Click [HERE](#) to take the October 2018 Survey



# ORGANIZATIONAL UPDATE

By the time this October 2018 issue of OUTCOMES is published the 11<sup>th</sup> National Doctors of Nursing Practice in Palm Springs, CA will best be appreciated through the rear-view mirror. This message is being prepared a week before the conference and we anticipate a great event. This could not take place without the tremendous contributions of staff, volunteers, amazingly talented nursing professional colleagues from a wide and varied background, conference planners, abstract reviewers, and advisors and consultants. Thank you all for your services and kind approach to assuring that we all benefit from these efforts.

Have you marked your calendar for the 12<sup>th</sup> National DNP National Conference to take place August 7-9, 2019 at the Fairmont Washington, DC Georgetown? We have folks dedicated to the development and delivery of this conference already working to make this a great event. Join your colleagues and friends this year in California, and next year in Washington, DC.

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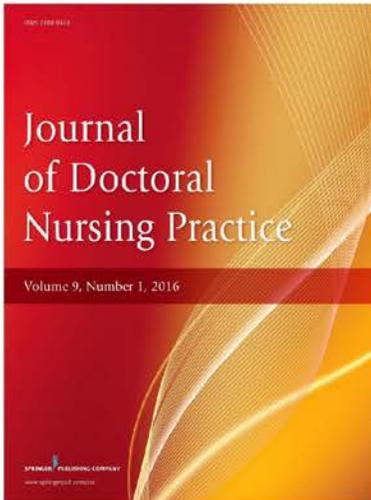
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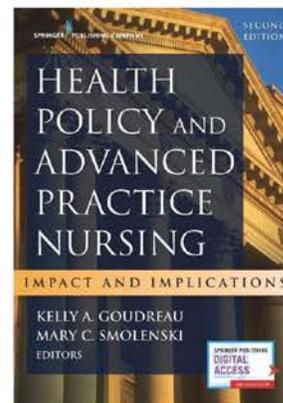
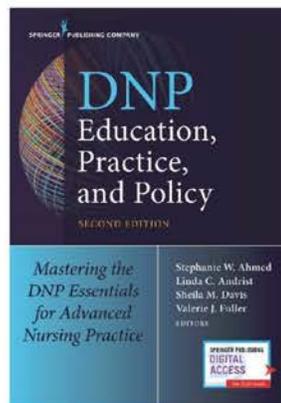
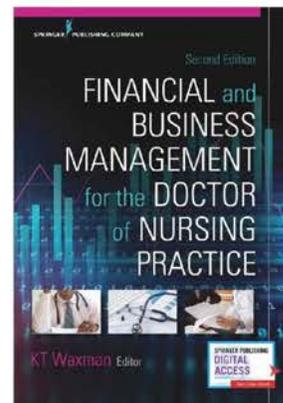
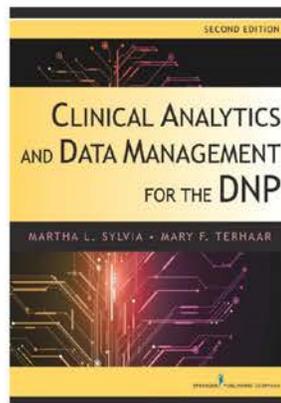
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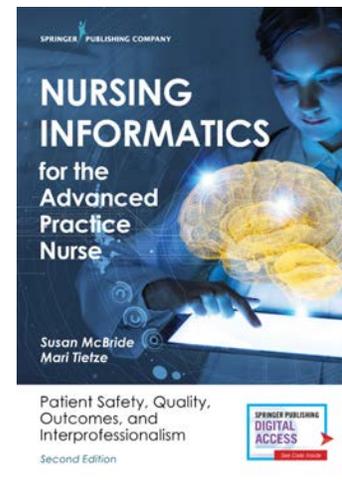
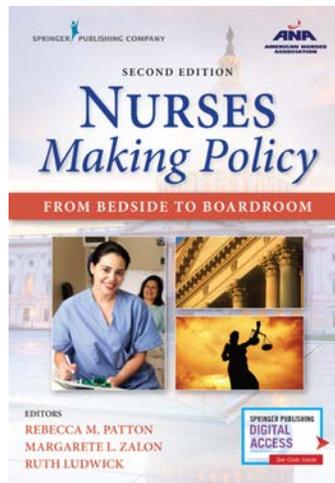
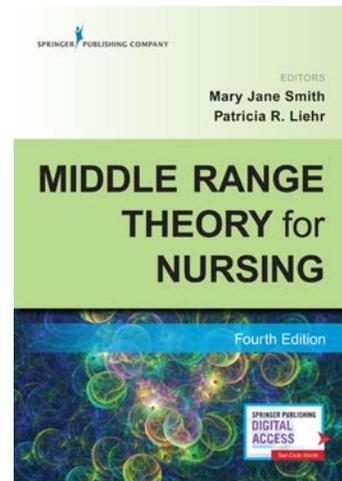
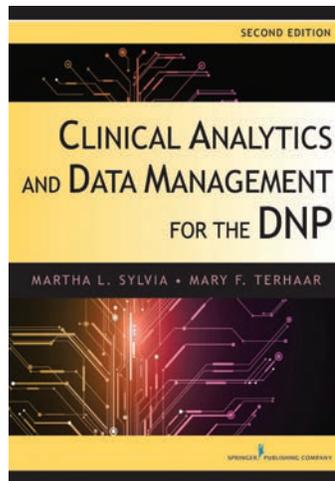
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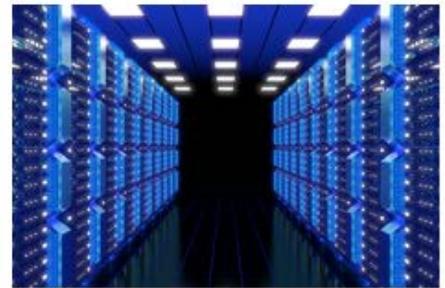
# DNP, INC. REPOSITORY FEATURED PROJECTS

## DOCTORAL PROJECT REPOSITORY

### Project Submission



### Project Repository



The contributions and posting of doctoral projects in the DNP repository continues to reflect the skills and talents of DNP prepared colleagues. Here's a sample of what can be found in the [DNP Doctoral Project Repository](#):

[Emergency Department MCI Protocol](#) by Dr. Joshua R. Khoshsefat, a graduate of Touro University Nevada.

[The Impact of Telephone Follow-Up Calls on 30-day Readmissions in Older Adult Post Total Joint Replacement Surgery](#) by Dr. Maame E. Osei, a graduate of Brandman University.

[Utilizing Telehealth Medicine to Deliver Diabetes Education](#) by Dr. Uzoamaka Phyllis Onyedebelu, a graduate of Touro University Nevada.

[Improving Nurse Preceptor Skills Utilizing the One Minute Preceptor](#) by Dr. Jennifer L. Ritter, a graduate of Chamberlain University.

[Mental Health Education for Educators](#) by Dr. Susan Ann Rufolo, a graduate of Bradley University.

Is your doctoral project in the repository? Are colleagues and graduates of your university listed? [Click here](#) to learn more and to upload your project.

## TRANSFORMATIONAL LEADERSHIP IN A NON-PROFIT ORGANIZATION: STRIVING TO ENHANCE A DISCIPLINE

Everyone who has been a part of any leadership course is familiar with transformational leadership. The essence of the expected outcome of this leadership style and approach is to help transform an individual or system from one status or level of function to another. The goal is to create valuable and positive change to launch individuals and systems in to leaders and leading organizations.

Doctors of Nursing Practice, Inc. (DNP Inc.) is in a unique situation as a 501(c)(3) non-profit charitable organization with the mission of improving healthcare outcomes by promoting and enhancing the doctorally prepared nursing professional. DNP Inc. does not directly touch the lives of patients, families, systems or communities, but instead strives to support the professional growth of those that do have this level of influence. We have seen amazing examples of how DNP prepared nursing colleagues have transformed the lives of colleagues, patients, and healthcare delivery systems. As an organization we contribute to these efforts and support the mission of expanding and enriching the lives of colleagues and by extension all patients, health professionals, and organizations that are touched by these experts.

The operations of DNP Inc. are driven by a simple principle: Help others to help themselves. The structure of the organization does not have rigid boundaries or limitations. Instead it relies on in-kind support of volunteers and contributions of colleagues and entities that benefit from a mutually supportive agreement. Without a doubt funds are needed to continue operations yet the contributions and sharing of talents is what develops the culture and context of how the organization functions. This organization has been very fortunate to receive the backing and encouragement of amazing colleagues to realize the mission and vision of this service organization.

Volunteerism is transformational leadership. Sharing skills, talents, and expertise even in small and measured amounts inspires others. These contributions of talent make a lasting effect on the individual that shares, and those that receive the benefit of the offering. It may be difficult, or nearly impossible to measure the outcomes of how the principles of transformational leadership in this organization have influenced others, yet we hope that everyone reading this message will step back and appreciate the rapid growth and influence of both the development of this degree, and the rapid integration of how this degree is affecting outcomes and processes in healthcare delivery systems, community based service enterprises, and academic teaching organizations. Nursing professionals are integrated into most every aspect of society and business, and the nurse that offers transformational support in these efforts is supporting us all. We are DNP Inc. appreciate all of the support received over these past years, and look forward to working with everyone even more as healthcare systems evolve, the needs of our patients change, and the innovations of practice and services that affect us all.

With your help we are all a part of the solution. Join us and be a part of Doctors of Nursing Practice, Inc.

Best wishes to all,  
David G. Campbell-O'Dell, DNP  
DNP Inc. President