CHRONIC DISEASE MANAGEMENT AT THE HEALTHIEST COMPANY ON THE PLANET:

THE VALUE OF A MULTIDISCIPLINARY WORKPLACE CLINIC

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BARRIERS TO CARE

Cost

Time

Transportation

Providers
BENEFITS OF WORK PLACE CLINICS
IN THE LITERATURE

Cost Savings:
• Work place visits 42% the cost of community visits (Turner, 2010)
• Saving $1.00 for every $0.15 spent in workplace clinic (Turner, 2010)
• Saving $6.69 for every $1.00 spent on care in the workplace clinic (Fox & McCorkle, 2018)
• Saving $2.23 in saved sick time per $1.00 spent on care in workplace clinic (Baicker, Cutler & Song, 2010)

Time Savings:
• Average of approx. 3 more productive on the job hours for workplace visits (Shahly, Kessler & Duncan, 2014)

Employee Satisfaction:
• 95% of employees would recommend their workplace clinic to coworkers
• 96% of employees would return to the workplace clinic (Conover et al, 2015)
TREK BICYCLE CORPORATION’S INTEGRATIVE HEALTH CENTER

The Healthiest Company on the Planet
INTEGRATIVE HEALTH CENTER SERVICES

Providers available at no cost:
• Family Nurse Practitioner
• Athletic Trainer
• Registered Dietician
• Psychotherapist

Services at no cost:
Office visits:
• Primary care, chronic disease, urgent
• Pre-travel planning
• Skin lesion removals
• Laceration repair
• Allergy injections
• Lab work
• Vaccinations
• Electrocardiograms
• Pulmonary Function Testing

Copay or fee-based services:
• Chiropractor
• Acupuncturist
• Massage Therapist
• Medication Dispensing

REASON FOR VISIT 2018

- Acute Illness: 35%
- Musculoskeletal: 10%
- Preventative Health: 16%
- Chronic Disease Monitoring: 19%
- Mental Health: 4%
- Skin Conditions: 14%
- Other: 2%
BENEFITS OF INTEGRATIVE HEALTH CENTER

Cost Savings

- Trek saved over $200,000 average net annual savings in cost of care for services provided on-site
- Health Insurance premiums have not increased in price in 6 years
- Less employee time missed

Health of Employees

- Improved chronic disease management
- Timely management of acute issues
- Ability to follow patients closely
- Early intervention for health risks
- Access to integrative care
ANNUAL BIO SCREENING

Purpose:
- Early detection of chronic disease
- Regular monitoring of disease control

Includes:
- Lipids, hgb A1c, cotinine levels, BP
- BMI, body fat %, waist circumference

Results:
- Scores awarded on 100 point scale
- Under 75 referred for additional resources
REFERENCES


